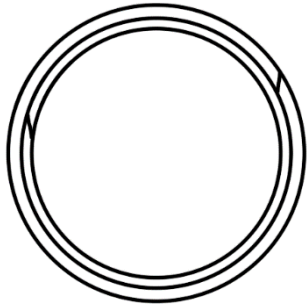


# STAY AT HOME ADVENTURES

## KEYRING PERSON PARACORD CRAFT KIT

\*Adult supervision is required when using the equipment included in this kit\*

### THIS KIT INCLUDES:



Short



Long

Make sure you colour all the pictures in!

### ACTIVITY 1 – WHAT IS PARACORD...? FILL IN THE GAPS

#### Facts about paracord:

- Paracord has been used by the \_\_\_\_\_ for decades, its main use was for suspension lines for American paratroopers during the Second World War.
- Paracord is made up of a core of \_\_\_\_\_ threads, which is inside of a \_\_\_\_\_ nylon or polyester jacket.
- You can cut paracord without a \_\_\_\_\_! It can be cut using nothing but itself and some \_\_\_\_\_ grease.
- Paracord is very lightweight and strong.
- You can use paracord for all sorts of things including:
  - o Shelter building
  - o \_\_\_\_\_: bracelets, keyrings, lanyards
  - o Bigger Crafting: DIY Hammocks, chairs, steering wheel cover
  - o Injury: arm sling and \_\_\_\_\_ a splint

blade

seven

Crafting

military

woven

securing

elbow



### ACTIVITY 3 – MAKING YOUR PARACORD KEYRING

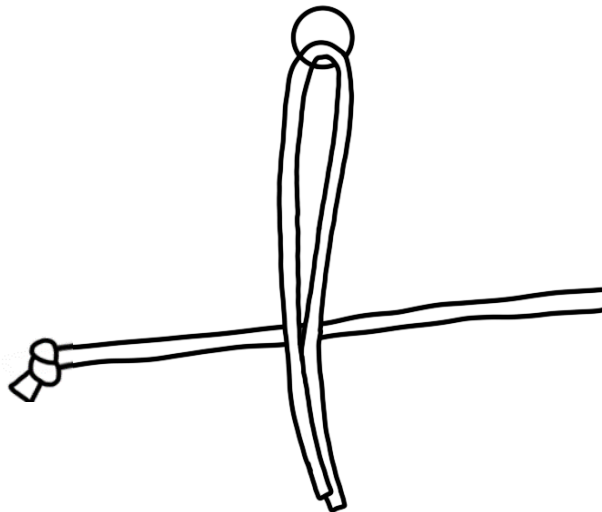
#### STEP 1

- You have two different lengths of paracord
  - 1 x 30cm – \_\_\_\_\_ and 1 x 50cm – \_\_\_\_\_ - write the colours here.
  - You'll need the 30cm (shorter length) \_\_\_\_\_ to start with.
  - Loop it through the keyring like the picture below. We will call this piece of paracord the 'Keyring Section'
  - Colour in the picture in so it matches your paracord colour.



#### STEP 2

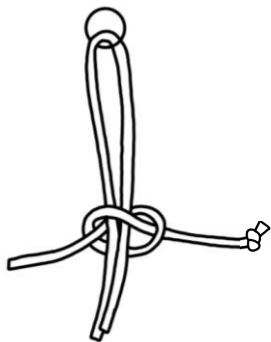
- Colour in the picture and fill the colours in the gaps below.
- Get the 50cm (longer length) \_\_\_\_\_ paracord, tie a simple knot in one end and lay it out horizontally – with the knot on the left.
- Lay the 'Keyring Section' out vertically on top, with the loose ends below the longer length and the ring above.
- You won't need to do anything with the 'Keyring Section' whilst you get knotting.



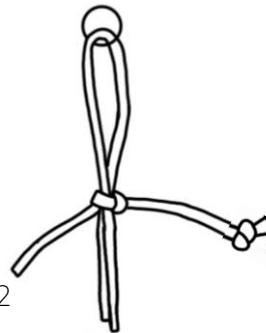
### STEP 3

- Colour in the pictures to help you with the instructions.
- Time to get knotting!
  - Take the knotted end – fold it over the ‘Keyring Section’
  - Now take the other end – take it over the knotted end, tuck it behind the ‘Keyring Section’ and poke it through the loop you created on the left hand side. It should look like picture 1.
  - Now pull! You have tied the first knot – well done!
- It should now look like picture 2.

Picture 1



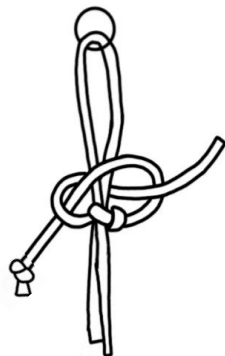
Picture 2



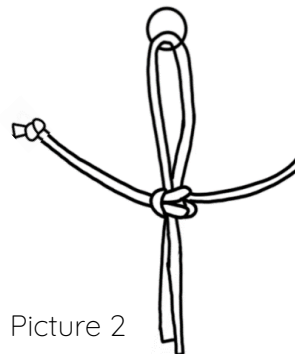
### STEP 4

- Again, colour in the pictures to help you with the instructions.
- Now it’s time to do it all again. It’s exactly the same as step 3!
  - Take the knotted end – fold it over the ‘Keyring Section’ **above** the knot you have already tied.
  - Now take the other end – take it over the knotted end, tuck it behind the ‘Keyring Section’ and poke it through the loop you created on the right hand side. It should look like picture 1.
  - Now pull! You have tied the second knot, like picture 2.

Picture 1

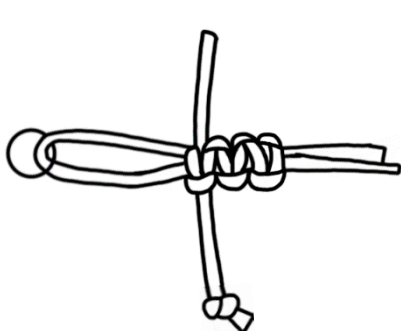


Picture 2

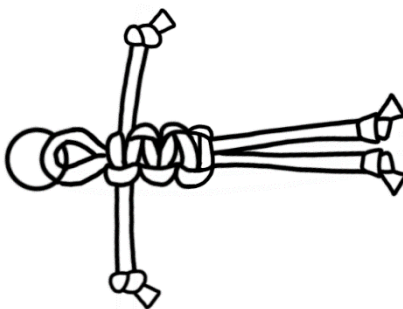


## STEP 5

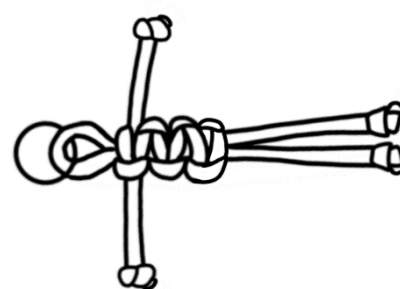
- Now you have learnt the knots – you just keep alternating between step 1 and step 2, two more times. You'll have six knots in total and should look like picture 1.
- Next, you need to tie a small knot in the 3 remaining loose ends, like picture 2.
- Trim the ends with scissors so it looks like picture 3.
- Now it looks like a person with a head, 2 arms, 2 legs and a body!



Picture 1



Picture 2



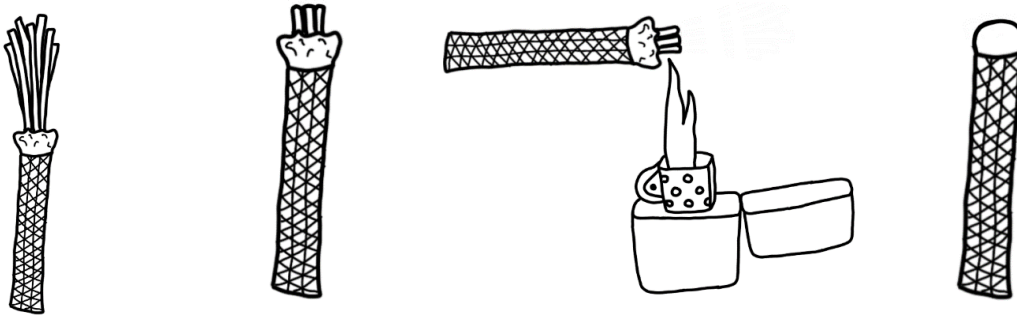
Picture 3

## STEP 6 – Safely Melting Ends

Once you have trimmed your paracord, you'll be able to see the core of threads inside. You need to melt the end to ensure that the core threads do not pull all of the way through – weakening your cord.

**You will need adult supervision when melting the ends!**

1. Once, you've cut your paracord to the right length, the core threads might be poking out of the end. You need to trim them, so they are much shorter.
2. Using a lighter, candle or gas ring – hold the tip of the cord almost, but not quite in the flame. The ends will start to melt.
3. Keep melting until you get a dome shape of the end. The end will be very HOT and will stick to your skin, so do not touch it.
4. Dunk the end in a glass of water to cool and set it.



## WELL DONE!!

You have finished your paracord keyring! It should look like this:

