# **VIRTUAL TOUR FOR YOUNGER ADVENTURERS**

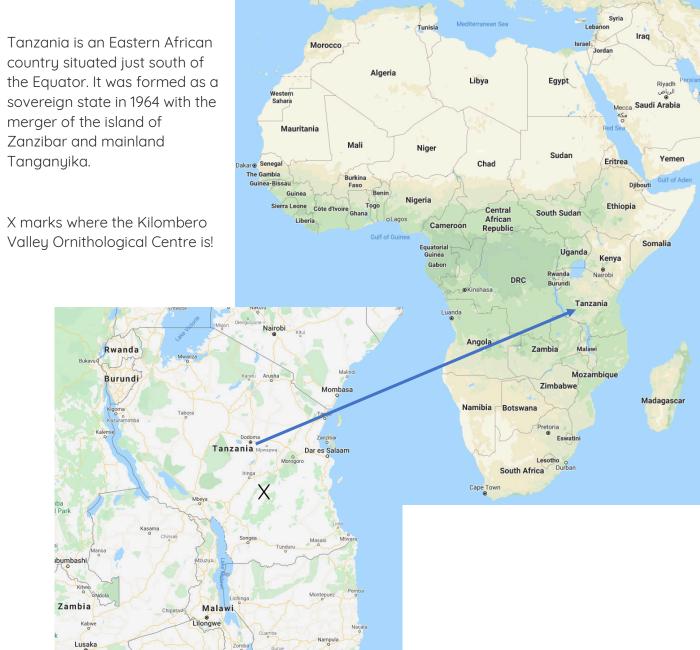
## **EXPLORE TANZANIA**

Greece

Turkey

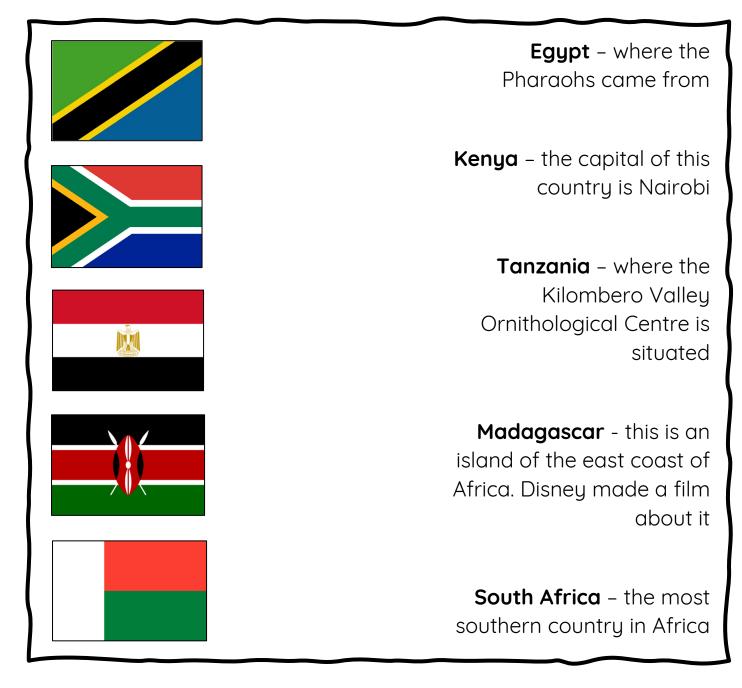
Spain

# Tanzania



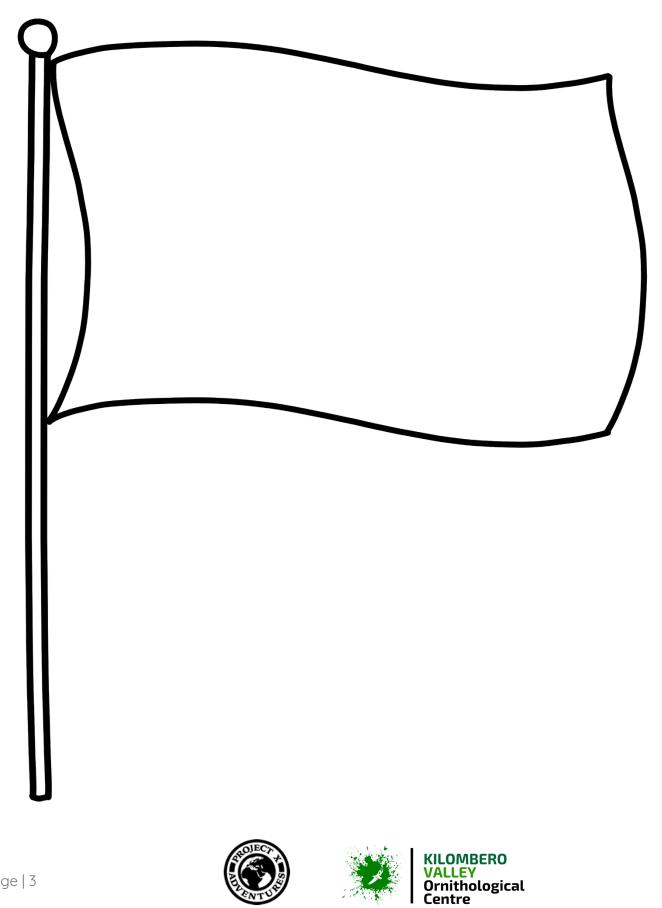


Activity 1 - Can you draw a line from the flag to the correct country?





Activity 2 – Can you draw the Tanzanian flag here?





### Activity 3 – Tanzanian Scouts

Scouting started Zanzibar in 1912 and later in Tanganyika in 1917 and still exists today in Tanzania. The Tanzanian Scout Association has Cub Scouts, Junior Scouts, Senior Scouts and Rover Scouts, for young people age 5 – 35.

They serve local communities and the world and are a Messenger of Peace "Creating a better World".

The World Scout vision is, "Creating a better World.

The mission of Scouting in Tanzania is to help teach of young people, based on the values of the Scout Law and Promise – helping to build a better world.

#### The Scout Promise

Kwa yamini yangu,	Translation:
naahidi kwamba nitajitahidi kadiri ya uwezo wangu,	On my honour,
	I promise that I will do my best,
kutimiza wajibu wangu kwa Mungu na kwa Taifa langu,	to do my duty to God and to my Nation;
kuwasaidia watu siku zote,	to help other people at all times
na kutimiza Kanuni za Skauti.	and to keep the Scout Law.

#### How does this differ from the promise that you made?

Write your promise in the box and highlight or circle the differences.





#### What's Similar?

Look at the pictures. The top pictures are the Tanzanian Scout Logo and Uniform and the bottom pictures are the UK Scout Logo and Uniform.

Can you circle all the things that are the same or similar on the uniforms? Are there more similarities or more differences?







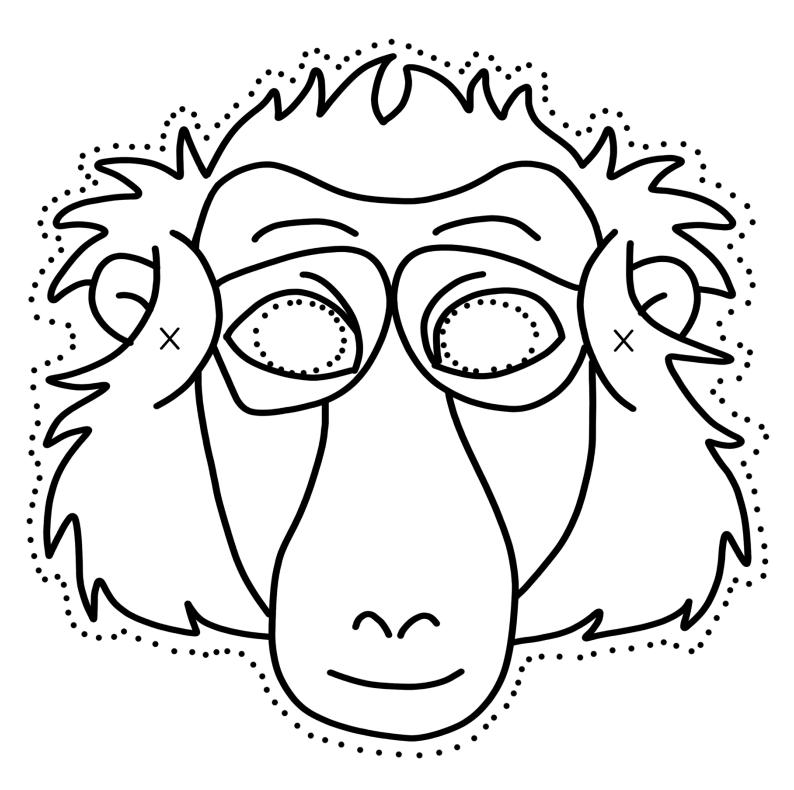






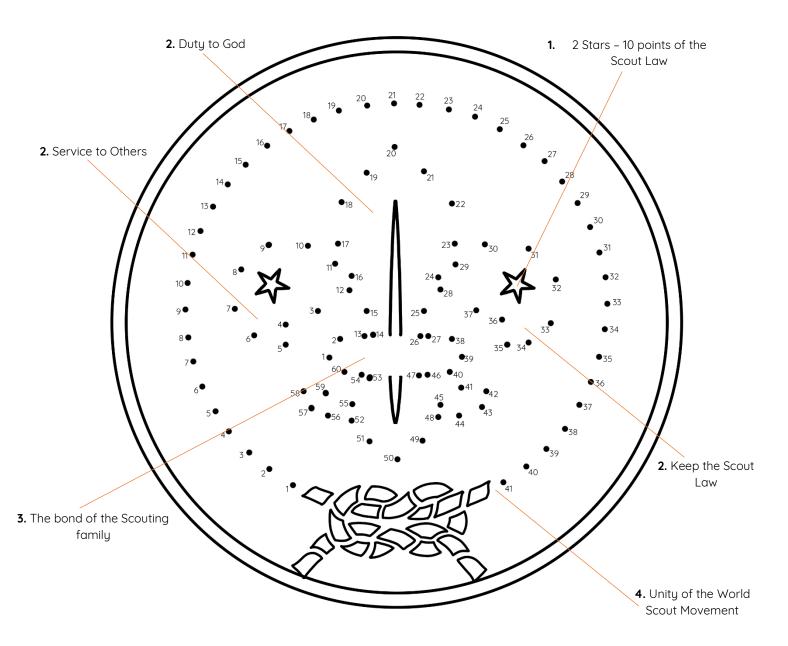
KILOMBERO VALLEY Ornithological Centre

Activity 4 – Lets make a Udzungwa Colobus Monkey mask! Colour it in and cut it out so you can try it on.





Activity 5 – Complete the 2 dot to dots. What do you think this picture is?



The World Scout Badge is worn by Scouts all around the world. Can you find it on your uniform? The badge has a special meaning:

- 1. The two stars both have 5 points, making 10 in total to symbolise the 10 points of the Scout Law.
- 2. The 3 parts of the Fleur de Lis symbolise; Service to Others, Duty to God and Keep the Scout Law
- 3. The band around the middle of the Fleur de Lis symbolises the bond of the Scouting family.
- 4. The rope around the outside symbolises the unity of the World Scout Movement.







## Activity 6 – Try cooking a traditional Tanzanian dish

### Ugali

Ugali is a type of porridge eaten throughout Tanzania. It is a traditional side dish that is served with most main meals or sauces. The Tanzanian equivalent to mash potato. Made from corn meal and is made into a thick paste/dough like texture before shaping and eating.

# You will need adult supervision to cook this recipe!



#### Ingredients

2 cups of Corn Meal or Polenta 4 cups of Water

#### Method

- 1. Pour the water in a large non-stick pan and bring to the boil.
- 2. Once boiling, remove ½ cup of water.
- 3. Add the corn meal, sprinkle it in slowly and whisk to avoid the mixture going lumpy. You may have to remove saucepan from heat while trying to get rid of lumps- to prevent burns.
- 4. When the mixture is smooth bring back to the stove and reduce the heat to low, cook until thickened. You might need an adult to help stir as it gets thick and sticky.
- 5. Stir in the remaining boiling water a little at a time to form a nice dough, cover to cook for about 5-10 minutes.
- 6. Turn the heat off and scoop out into a bowl and squish it down to shape the ugali.
- 7. Turn out onto a plate and cut into quarters.
- 8. Serve with a stew, curry or chilli sauce or you could try it with a traditional English main!

